

THE SALVATION ARMY OF SOUTHERN NEVADA ADULT REHABILITATION PROGRAM

Adult Rehabilitation Program Centers (ARP) are among the most widely known of all Salvation Army services and comprise the largest resident rehabilitation program in the United States. Individuals with identifiable and treatable needs come to these centers for help when they no longer are able to cope with their problems. There they receive adequate housing, nourishing meals and necessary medical care, and they engage in work therapy. Residents may be referred or be remanded by the courts.

If you or a loved one is seeking a life of recovery, please call 702.399.2769 x 10. Our holistic approach provides the following:

Rehabilitation for the Body

Good health and physical well-being are basic needs that must be met before other problems are solved. Every ARP participant is provided with:

- Medical Check-ups are given by local community clinics or in some cases on site medical volunteers. Bodies are broken down and we want to make sure that good health is being promoted.
- Shelter is provided for those individuals that come into our program. For many, clean, comfortable surroundings are an unusual luxury, or a forgotten memory.
- Food is served in a pleasant atmosphere; three appetizing meals a day. Addictions and homelessness often result in nutritional neglect. This aspect of the ARP program helps them regain good health with adequate diet.
- Clothing is provided at all centers. Residents are welcome to bring some appropriate clothing to live more comfortably, but for those who do not have anything except what they have on their back, the Adult Rehabilitation Program Center will provide needed clothing.

Rehabilitation for the Mind

Most entrants have psychological and emotional problems which can be worked out to help them return to normal lives and happiness. Services include:

- Group and individual counseling is provided to each resident to help overcome discouragement, loneliness and despair. These tools are major paths to the goal of rehabilitation.
- Trained staff educated in addictions and counseling will work on both primary and secondary issues of the individual and the family. Former residents often return to help others; giving back and adding their personal experience to that of the professional staff.
- Alcoholism and drug dependency programs help many men and women. Alcoholics Anonymous, Narcotics Anonymous and other support groups meet regularly, on and off site. Since these activities have been found to be beneficial long after graduating from the program, graduates are encouraged to return and participate as often as possible.

Rehabilitation for the Mind, continued

- Self-improvement opportunities are many and varied. Reading rooms, GED programs, literacy programs, as well as organized recreation and musical groups (formal and informal contemporary Christian music) to name just a few. Focus groups will target specific areas such as anger management and recovery from abuse.

Rehabilitation for the Spirit

ARPs are motivated by spiritual values, which are built into every activity and program. Religious activities, which are required, bring a sense of fellowship and strength. The Salvation Army's mission of teaching and preaching brings the "Good News" of the Gospel to all who are much in needs of Christ's message of love. Residents of Adult Rehabilitation Center programs have the opportunity to participate in this vital aspect of their rehabilitation in several ways:

- Chapel services, vespers and mid-week services offer unlimited opportunity for any resident, of any faith or creed, to know that God is forgiving.
- Informal spiritual guidance is available at all times. Each Center is staffed with dedicated Salvation Army officers (clergy) who are experienced, sympathetic listeners.
- Bible classes introduce men and women to the richness and inspiration of the scriptures. For many, the Bible becomes a major source of strength and encouragement.
- Morning devotions are held daily. Many residents find that starting the day with a brief period of prayer and reflection helps them all day long.
- Spiritual retreats are arranged for those with special interest in religious activities. Several Centers join together for a retreat, often at a Salvation Army camp facility.
- All of these activities are based on the belief of the essential nature of spiritual regeneration to the rehabilitation process and are rooted in The Salvation Army denominational doctrines.