

Horticultural Therapy

1. Stigsdotter, U.K., A.M. Palsdottir, and A. Burls, et al. 2011. **Nature-Based Therapeutic Interventions**. In: K. Nilsson, M. Sangster, and C. Gallis, et al. (Eds.) *Forests, Trees and Human Health*. Springer, pp. 309-342.
2. Annerstedt, M., and P. Währborg. 2011. **Nature-Assisted Therapy: Systematic Review of Controlled and Observational Studies**. *Scandinavian Journal of Public Health* 39, 4:371-388.
3. Verra, M.L., F. Angst, and T. Beck, et al. 2012. **Horticultural Therapy for Patients with Chronic Musculoskeletal Pain: Results of a Pilot Study**. *Alternative Therapies in Health and Medicine* 18, 2:44-50.
4. Wichrowski, M., J. Whiteson, F. Hass, A. Mola and M.J. Rey. 2005. **Effects of Horticultural Therapy on Mood and Heart Rate in Patients Participating in an Inpatient Cardiopulmonary Rehabilitation Program**. *Journal of Cardiopulmonary Rehabilitation and Prevention* 25, 5:270-4.
5. Gonzalez, M.T., T. Hartig, G.G. Patil, E.W. Martinsen, and M. Kirkevold. 2011. **A Prospective Study of Group Cohesiveness in Therapeutic Horticulture for Clinical Depression**. *International Journal of Mental Health Nursing* 20, 2:119-129.
6. Simson, Sharon and Straus, Martha C. **Horticulture as Therapy. Principles and Practice**. 1998 by Taylor & Francis Group and CRC Press.
7. Haller, Rebecca L. and Kramer, Christine L. **Horticultural Therapy Methods**. 2006 by Taylor & Francis Group and CRC Press.
8. Wells, Suzanne E. **Horticultural Therapy and the Older Adult Population**. 1997 by Haworth Press, Inc.