

## Irish Rowing Championship Course Records (2013-16) 2000m with Adjustable Starts

<b>Fastest 1X</b>	<b>Lee Valley R.C. (Keohane)</b>	<b>6:56:48</b>	<b>2014</b>
<b>Fastest 2X</b>	<b>Skibbereen R.C.</b>	<b>6:25:84</b>	<b>2014</b>
<b>Fastest 4X-</b>	<b>Skibbereen R.C.</b>	<b>5:59:10</b>	<b>2016</b>
<b>Fastest 4X+</b>	<b>Neptune R.C.</b>	<b>6:44:56</b>	<b>2016</b>
<b>Fastest 2-</b>	<b>Skibbereen R.C.</b>	<b>6:30:31</b>	<b>2016</b>
<b>Fastest 4-</b>	<b>NUIG B.C.</b>	<b>6:03:08</b>	<b>2016</b>
<b>Fastest 4+</b>	<b>NUIG B.C.</b>	<b>6:26:37</b>	<b>2014</b>
<b>Fastest 8+</b>	<b>Commercial R.C.</b>	<b>5:36:89</b>	<b>2016</b>

Mens Senior 1X	Lee Valley R.C. (Keohane)	6:56:48	2014
Mens Senior 2X	Skibbereen R.C.	6:30:22	2014
Mens Senior 4X-	Skibbereen R.C.	5:59:10	2016
Mens Senior 2-	Skibbereen R.C.	6:30:31	2016
Mens Senior 4-	NUIG B.C.	6:03:08	2016
Mens Senior 8	Commercial R.C.	5:36:89	2016

Mens Lightweight 1X	Skibbereen R.C. (Ryan)	7:09:17	2015
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Mens Intermediate 1X	Clonmel (Lynch, D)	7:04:57	2016
Mens Intermediate 2X	Skibbereen R.C.	6:25:84	2014
Mens Intermediate 2-	Commercial R.C.	6:47:94	2015
Mens Intermediate 4+	NUIG B.C.	6:26:37	2014
Mens Intermediate 8+	Commercial R.C.	5:43:18	2016

Mens Club 1X	Clonmel (Lynch, D)	7:15:46	2016
Mens Club 4+	Q.U.B.B.C.	6:28:23	2015
Mens Club 8+	UCD B.C.	5:46:39	2016

Mens Novice 4X+	Neptune R.C.	6:44:56	2016
Mens Novice 8+	DUBC	6:00:16	2016

Junior Mens 1X	Clonmel (Lynch, D)	7:04:04	2016
Junior Mens 2X	Shandon B.C.	6:36:78	2016
Junior Mens 4X-	Shandon B.C.	6:07:97	2016
Junior Mens 2-	Portora B.C.	6:55:46	2015
Junior Mens 4+	Cork B.C.	6:29:20	2016
Junior Mens 8+	Portora B.C.	5:59:42	2016

Womens Senior 1X	Killorglin R.C. (Dukarska,M)	7:35:07	2016
Womens Senior 2X	Three Castles R.C.	8:13:00	2013
Womens Senior 4X-	NTT	NTT	
Womens Senior 2-	Skibbereen R.C.	7:23:78	2016
Womens Senior 4-	UCD B.C.	6:54:65	2016
Womens Senior 8+	Skibbereen R.C.\UCC R.C.	6:24:55	2016

Womens Lightweight 1X	O.C.B.C. (Lambe)	7:41:70	2014
Womens Intermediate 1X	Cork B.C. (D.Forde)	7:50:85	2015
Womens Intermediate 2X	Killorglin R.C.	7:17:17	2014
Womens Intermediate 2-	Cork B.C.	7:36:49	2016
Womens Intermediate 4+	NUIG B.C.	7:09:66	2015
Womens Intermediate 8+	UCD B.C.	6:38:72	2016
Womens Club 1X	Belfast B.C. (Quinn)	8:09:22	2014
Womens Club 4+	Fermoy R.C.	7:16:12	2016
Womens Club 8+	NUIG B.C.	6:38:62	2014
Womens Novice 4X+	Clonmel R.C.	7:47:42	2014
Womens Novice 8+	Commercial R.C.	6:59:55	2015
Womens Junior 1X	Skibbereen R.C. (Hegarty, E)	8:05:67	2016
Womens Junior 2X	Skibbereen R.C.	7:19:68	2016
Womens Junior 4X-	Skibbereen R.C.	6:46:30	2016
Womens Junior 2-	Cork B.C.	7:35:64	2016
Womens Junior 4-	Bann R.C.	7:05:57	2015
Womens Junior 8+	Cork B.C.	6:39:27	2016