# NEWS, INFO & DEALS FOR DINERS

17 years old, now in our 18th year, we remain on track: vegan, no gluten, nut-free, no palm-oil.

Our mission is sustainability: exemplifying simple, good food; sourcing locally where we can; teaching others how to do it; paying wages that people can live on; heating with refrigeration effluence, air conditioning using doors and windows before machines... Dedication, knowledge and experience means we can offer a 5☆ product at a 3☆ price. Service is always friendly although less leisurely when we are rammed.

We aim to serve you quickly. Please be patient at busy times. At peak moments, for tables of 6 or more, service may be staggered. Please let us know if you are rushed.

DINER DEALS



IF YOU LOVED THE FOOD ADD KITS TO YOUR BILL FOR



or, buy £30 vouchers and get an extra £5 FREE





Gifts are welcome all year round. We send our BOOKS KITS & CHOCOLATES in the UK for ROYAL MAIL's current small parcel rate.

\*the serving of these dishes can be adapted to eliminate allergens. Please ask if you need more information.

All of our food is made here from primary ingredients, even the sauces. The menu is not a full ingredients list. If you need to know what each dish contains please ask.



Award winning food at great prices... All plant based with no gluten-containing ingredients.

Dishes containing soya, coconut, sesame or mustard (4 of the official 14 allergens) are shown in RED and in **BOLD**.

## STARTIERS - LIGHT BITTES 3.95

small bowl with gluten-

free bread



MINI TORTILLA eggless traditional tortilla of potato and onion cooked in olive oil

AARON'S SPICED UP TEMPURA piquant battered vegetables with apricot chilli sauce



MUSHROOM PÂTÉ

with brandy and juniper berries served with sliced warm breads

## MAINS for ONE £9.95 build your own plate...

add fritters

## choose one hot principal dish

DHAL

17 years on the menu...a blend of lentils & spices bathed in coconut milk



**MEXI TRIO** 

cuban & refried beans over rice with Peruvian green salsa\*



FIERY KEBABS

30 skewered spicy soya mince with chillies, fresh coriander and cucumber raitha



**CHOW MEIN** 

60 Chinese style vegetables & white beans in oriental sauce over our own crispy noodles



COUS COUS TAJEEN

moist aromatic millet grain with vegetables, apricots, chickpeas and delicate spices

TINAS

Bolivian carrot & spring onion patties

**PESTOLITOS** 

spinach, mushrooms, tomato & basil

FALAFELS golden classic with garlic & parsley

PINEAPPLE CROQUETAS

fresh pineapple with a hint of madras

### now the cold salad

TABLULEH - classic salad of millet, tomato cucumber, parsley with a hint of lemon





JAPAN CUP - cucumber & seaweed in a ginger, sesame and rice vinegar dressing

3090 60 10

What's with the NUMBERS?

## TASTER TRAYS

£29.95 pertray

FOR 2 OR 3 TO SHARE – SERVED WITH RICE & A SAUCE STACK

**EXOTIC** fiery kebabs, dhal, mixed

salad\*, croquetas, tinas, mexi trio\* **QUIXOTIC** chow mein,

cous cous tajeen, mixed salad\*, falafels, pestolitos, dhal

LITTLE GUYS\* STRICTLY 12 & UNDER

£ 4.50

small burger, small bun, small salad, small portion of mathematical chips, small plate. It's small. OR

fruit chunks and veg sticks with **hummus** 

# BIG & LITTLE **BOB'S BEST BURGER**

IT'S RIDICULOUS

£ 14.95

a massive burger & bun, lettuce, onion, tomato salsa, our ketchup, mayo & chutney, salads plus heaps of mathematical chips (square roots - geddit...)

we aim to keep these premises free of gluten & animal products. You may not bring your own food into EL PIANO, not even for infants...

# SIDES, an accompaniment to MAINS

BREADS WITH OLIVE OIL £3.50

mixed breads with our own crispy noodles

MIXED SALAD\* £4.50 all the salads

MATHEMATICAL CHIPS £3.95

square root vegetable chips with our ketchup

RICE TRIO £3.50

fragrant basmati, organic brown & wild rice

**HUMMUS** WITH BREAD £4.50 can be ordered as a starter

MINI SALAD POT £1.85 as an extra for a main meal

EXTRA FRITTERS £4.50 any selection of 6 fritters

EXTRA PRINCIPAL DISH £5.50

choose from the hot principal dishes above...

EL PIANO YORK × 15-17 GRAPE LANE × YORK YO1 7HU × TEL: 01904 610676 AND ALSO IN GRANADA AND MÁLAGA