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SAMARITAN COUNSELING CENTER

mind body spirit community

February 2015

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Our mission is to offer hope, healing and restoration in a confidential manner that is professional, caring and accessible to all.

We can provide, for those who so desire, a unique integration of psychotherapy and spirituality in our counseling, education and consulting services.

Meet Pam Bretthauer

Traditions are important to **Pam Bretthauer, LCPC** and her family. In fact, Pam and her husband just celebrated one of their very favorite traditions - Groundhog Day. When they first met, the two talked and talked about the popular movie. They were interested in pinpointing what it finally took for Bill Murray to change his life and move forward. They like the idea that his life really turned around when he started putting other people ahead of himself. Usually, Pam and her husband celebrate Groundhog Day by watching the movie. Sometimes they travel to Woodstock where the movie was filmed. They've even made the trip to Puxatawny for the celebration.



Pam also loves to create. Her tools are a sewing machine, fabric and thread - she is a quilter. It's a family tradition that she's continuing. She loves creating something unique that her family members can cherish - and maybe even pass on to their children.

You could say that quilting is a metaphor for Pam's career. She shows her clients how to pull together the pieces of their lives. She helps them see their big, beautiful quilts. Pam feels that it is an honor to be with clients while they share their lives. She is thankful that she gets to work with so many wonderful people.

Pam sees clients in our Libertyville and Mundelein offices. She can be reached at pbretthauer@northshoresamaritan.org or 847-347-7367.



Barbara Mahany charms the crowd **Woman to Woman - Mending Hearts**

Our annual **Silent Samaritan Brunch** on February 10th featured critically-acclaimed author **Barbara Mahany**. She read poignant essays from her new book ***Slowing Time: Seeing the Sacred Outside Your Kitchen Door***. Barbara's moving presentation spoke to the joy of women helping friends and strangers through the challenges of life. Over 75 supporters attended the event at Michigan Shores Club. The **Silent Samaritan Fund** makes it possible for underserved women to pay for counseling on a sliding scale. Thank you to our sponsors Make It Better and The Book Stall!



Show your love with a Silent Samaritan donation **No one needs to feel lost or alone**

In honor of a woman who has helped mend your heart, will you consider a **Silent Samaritan** donation of \$100? At this level, you'll provide a woman in the community 3 one-hour sessions with one of our compassionate counselors. This precious time can be spent identifying root issues and searching for positive solutions. No one needs to feel lost or alone.

To make a donation today, call Nan at 847-446-6955 ext. 10 or visit our website at www.northshoresamaritan.org.



Kirk of the Lakes Presbyterian Church **We're up to eleven locations now!**

We've added an eleventh location at 1500 W. Hawley St. in Mundelein. Pam Bretthauer is taking appointments now. She can be reached at 847-816-0475 ext. 0 or pbretthauer@northshoresamaritan.org



Do you have a background in testing? **We're looking for an assessment expert!**

We are hiring! We are currently seeking a clinical psychologist to head up our Assessment Program. If you are interested, please [click here](#) for complete information.

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