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Food Questionnaire

Here is your opportunity to let us know what you prefer in your customized menu. Please check preferences and add comments. Please circle any foods that you don't like and never wish to see.

Name(s) _____

Address _____

_____ Preferred

Home phone _____ ☐

Work phone _____ ☐

Cell phone _____ Emergency only ☐ ☐

E-mail address _____ ☐

Family birthdays and anniversaries _____

Favorite meals _____

Favorite vegetables _____

Meatless meals (vegetarian) _____

Soups — main dish — cold? hot? _____

Salads — main dish? _____

Side salads — rice/pasta/fruit _____

Pasta — entree? — hot? cold? _____

Beef — steak / roasts/ground round _____

Pork — roasts/chops/ground/ribs/bacon _____

Veal — scallops/stew/ground _____

Lamb — chops/stew/ground _____

Chicken — breasts/thighs/ground _____



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Turkey — breasts/smoked/scalloped/ground _____

Fish _____

Shrimp _____

Scallops _____

Tuna — canned — oil? water? _____

Tuna Casserole _____

Meatloaf — vegetable, herb, curry/apple, turkey, mushroom/country style with glaze _____

Spaghetti & Meatballs _____

Macaroni & Cheese — old style/spicy/new world with vegetables _____

Beans and Grains — quinoa/bulgur/barley _____

Nuts — walnuts/cashews/almonds/hazelnuts _____

Cheese _____

Quiche _____

List any vegetables or fruits you don't ever want to see _____

List any other food dislikes _____

List any known food allergies _____

Rate your preference for spicy foods — bland/mild/moderate/very _____

Bread preferences _____

Do you have any favorite recipes that I can prepare for you? _____

Do you have a barbecue and want meals prepared for cooking on it? _____

Do you have a wok and want meals prepared for cooking in it? _____

International cuisine? — Mexican/Curries/Italian/Middle Eastern, etc. _____

Additional comments _____

