

BENEDICTS

CHOICE OF POTATOES OR FRUIT

CLASSIC BENEDICT

GRILLED ENGLISH MUFFIN WITH CANADIAN BACON, POACHED EGGS, AND HOLLANDAISE SAUCE... 10.00

SMOKED SALMON BENEDICT

GRILLED ENGLISH MUFFIN, SPINACH, SLICED TOMATOES, SMOKED SALMON, POACHED EGGS, AND HOLLANDAISE SAUCE... 10.95

GARDEN BENEDICT

GRILLED ENGLISH MUFFIN, SPINACH, SLICED TOMATOES, MUSHROOMS, POACHED EGGS, AND HOLLANDAISE SAUCE... 9.75

BACON BENEDICT

GRILLED ENGLISH MUFFIN, BACON, SLICED TOMATOES, AVOCADOS, POACHED EGGS, AND HOLLANDAISE SAUCE... 10.00



SCRAMBLES

CHOICE OF POTATOES OR FRUIT...
TOAST OR BISCUIT

BAYFRONT SCRAMBLE

BACON, AVOCADO, ONIONS, TOMATOES, AND CHEDDAR CHEESE...
SERVED WITH SALSA AND SOUR CREAM... 10.25

EJ'S SCRAMBLE

BACON, KEILBASA, ONIONS, MUSHROOMS, CHEDDAR AND JACK CHEESE... 10.25



SKILLETS

CHOICE OF TOAST OR BISCUIT

SOUTHWEST SKILLET

GRILLED HOME FRIES WITH BLACKENED CHICKEN, ONIONS, RED PEPPERS, JALAPENOS, AND TOMATOES...
FINISHED WITH MELTED JACK CHEESE AND TWO EGGS YOUR WAY... 10.25



BACON AND SAUSAGE SKILLET

GRILLED HOME FRIES WITH BACON AND SAUSAGE, ONIONS, AND MUSHROOMS... FINISHED WITH MELTED CHEDDAR CHEESE AND TWO EGGS YOUR WAY... 10.25



BAYFRONT CAFE

OMELETS

CHOICE OF POTATOES OR FRUIT...
TOAST OR BISCUIT.
SUBSTITUTE EGG WHITES
FOR 1.00 ADDITIONAL.

CREATE YOUR OWN

PICK 3... 9.95

PICK 5... 10.95

HAM

BACON

SAUSAGE

KEILBASA

BROCCOLI

MUSHROOMS

ONIONS

RED PEPPERS

CHOICE OF CHEESE ... 1.00



TOMATOES

SPINACH

ASPARAGUS

AVOCADO

CRAB AND SHRIMP OMELET

LUMP CRAB, SHRIMP, ASPARAGUS, RED PEPPERS, AND PROVOLONE
CHEESE... 11.95

BACON AND SAUSAGE OMELET

BACON, SAUSAGE, MUSHROOM, ONION, AND JACK CHEESE... 10.95

RUN IT THROUGH THE GARDEN OMELET

BROCCOLI, MUSHROOMS, ONIONS, RED PEPPERS, TOMATOES, AND
SPINACH... 9.95

CHOICE OF CHEESE... 1.00

THREE CHEESE OMELET

CHEDDAR, JACK, AND SWISS... 9.25

EJ'S OMELET

GRILLED CORN BEEF HASH, ONIONS, MUSHROOMS, AND CHEDDAR
CHEESE... 10.95

VEGETARIAN GREEK OMELET

SPINACH, ONION, TOMATOES, KALAMATA OLIVES, AND FETA
CHEESE... 10.25

EGGS

CHOICE OF POTATOES OR FRUIT...
TOAST OR BISCUIT

TWO EGGS ANY STYLE... 6.95

TWO EGGS ANY STYLE

WITH BACON, HAM, SAUSAGE,
KEILBASA, OR CORNED BEEF HASH... 9.95



PANCAKES

THREE BUTTERMILK OR WHOLE WHEAT PANCAKES...7.25

ADD STRAWBERRIES, BLUEBERRIES, PEACHES, PECANS, BANANAS,
OR CHOCOLATE CHIPS...ADDITIONAL 1.00

PANCAKE PLATTER

TWO PERFECT PANCAKES, TWO EGGS, CHOICE OF SAUSAGE, BACON,
OR HAM...9.25

ADD STRAWBERRIES, BLUEBERRIES, PEACHES, PECANS, BANANAS,
OR CHOCOLATE CHIPS...ADDITIONAL 1.00

FRENCH TOAST

FRENCH TOAST PLATTER

WITH TWO EGGS YOUR WAY AND
YOUR CHOICE OF SAUSAGE, BACON,
OR HAM...9.75

BANANA STUFFED FRENCH TOAST PLATTER

THICK CUT CHALLAH BREAD, STUFFED
WITH SLICED BANANAS, ROLLED IN
CINNAMON AND SUGAR...SERVED WITH
TWO EGGS YOUR WAY AND CHOICE OF
SAUSAGE, BACON, OR HAM...10.25



WAFFLES

BELGIAN WAFFLE

CRISPY, HOT BELGIAN WAFFLE SERVED
WITH STRAWBERRIES AND
WHIP CREAM...8.25

CHUNKY MONKEY WAFFLE PLATTER
MACADAMIA NUT, CHOCOLATE CHIP,
COCONUT, AND PINEAPPLE, WITH
TWO EGGS YOUR WAY AND YOUR
CHOICE OF SAUSAGE,
BACON, OR HAM...10.25



SPECIALTIES

SMOKED SALMON PLATE

SMOKED SALMON, SLICED TOMATOES, SLICED ONIONS, CUCUMBERS, CAPERS, AND HARD BOILED EGGS...SERVED WITH TOASTED BAGEL AND CREAM CHEESE...10.95



BREAKFAST SANDWICH

CHOICE OF BAGEL, TOAST OR CROISSANT...TWO EGG CHEESE OMELET AND CHOICE OF SAUSAGE, BACON, OR HAM...WITH CHOICE OF FRUIT OR POTATOES...9.25

BISCUITS AND GRAVY

GRILLED HOMEMADE BUTTERMILK BISCUIT SMOTHERED WITH OUR HOUSE-MADE GRAVY...SERVED WITH CHOICE OF POTATOES AND TWO EGGS YOUR WAY...9.95

BREAKFAST BURRITO

FLOUR TORTILLA WITH CHORIZO, ONIONS, PEPPERS, EGGS, AND CHEDDAR CHEESE...SERVED WITH SALSA AND SOUR CREAM AND CHOICE OF POTATOES OR FRUIT...10.25

ON THE HEALTHY SIDE

ENERGY BREAKFAST

SAUTEED FRESH VEGETABLES SCRAMBLED WITH EGG WHITES AND SERVED WITH FRESH FRUIT OR SLICED TOMATOES...SIDE OF SALSA AND DRY WHOLE WHEAT TOAST...10.50



GRANOLA AND YOGURT

CRUNCHY GRANOLA TOPPED WITH LOW-FAT YOGURT AND FINISHED WITH FRESH FRUIT...7.95

BLACK BEAN CAKES

HOUSE-MADE BLACK BEAN AND VEGETABLE CAKES SERVED WITH EGGS YOUR WAY, CHOICE OF FRUIT OR TOMATOES, AND WHOLE WHEAT TOAST...9.50

OATMEAL

HOUSE-MADE OATMEAL SERVED WITH BROWN SUGAR AND RAISINS...5.25



SALADS

STRAWBERRY SALAD

SPINACH WITH STRAWBERRIES, MANDARIN ORANGES, ONIONS, CANDIED WALNUTS, CRAISINS, AND FETA CHEESE, WITH CHOICE OF DRESSING...9.25

ADD CHICKEN ADDITIONAL...2.00



MEDITERANEAN SALAD

KALAMATA OLIVES, TOMATOES, CUCUMBERS, ONIONS, GREEK PEPPERS, FETA CHEESE, AND MEDITERANEAN DRESSING WITH CHICKEN...10.25

FRIED BUFFALO CHICKEN SALAD

GREENS WITH CRISPY BUFFALO FRIED CHICKEN, MUSHROOMS, TOMATOES, ONIONS, EGGS, CROUTONS, AND BLEU CHEESE CRUMBLES WITH A SIDE OF BLEU CHEESE DRESSING...10.95

CHICKEN COBB

GREENS WITH DICED CHICKEN, TOMATOES, AVOCADO, CHOPPED BACON, EGGS, ONIONS, CRUMBLED BLEU CHEESE, WITH CHOICE OF DRESSING...10.25

STUFFED PINEAPPLE

PINEAPPLE FILLED WITH CHICKEN OR TUNA SALAD AND SERVED WITH COTTAGE CHEESE...10.25



HERB SALMON SALAD

GREENS WITH ARTICHOKE, ONIONS, TOMATOES, CUCUMBERS, PARMESAN CHEESE, AND GRILLED SALMON FILET WITH PARMESAN YOUR CHOICE OF DRESSING...10.95

CAJUN CHICKEN SALAD

GREENS WITH BLACKENED CHICKEN, CORN, AVOCADO, BLACK BEANS, TOMATOES, ONIONS, JACK CHEESE AND CRISPY TORTILLA CHIPS WITH A SIDE OF CHIPOTLE DRESSING...10.25

CHICKEN CAESAR SALAD

CRISP ROMAINE WITH GRILLED CHICKEN, PARMESAN CHEESE, AND CROUTONS...10.00

STUFFED TOMATO

TOMATO FILLED WITH CHICKEN OR TUNA SALAD AND SERVED WITH COTTAGE CHEESE...10.00

SANDWICHES

BURGERS, WRAPS, PANINIS, AND SANDWICHES, SERVED WITH FRIES, SWEET POTATO FRIES, FRUIT, PASTA SALAD, POTATO SALAD OR COLESLAW

REUBEN

GRILLED RYE WITH CORNED BEEF OR TURKEY, SAUERKRAUT, AND SWISS CHEESE...SIDE OF THOUSAND ISLAND DRESSING... 10.25

SOUTHWESTERN CHICKEN

BLACKENED CHICKEN, AVOCADO, JACK CHEESE, LETTUCE, TOMATO, ONION, AND MAYO...10.00

SUPREME GRILLED CHEESE

GRILLED WHITE BREAD WITH THREE CHEESES, BACON, AND SLICED TOMATOES...9.00



TRADITIONAL BLT

TOASTED WHITE BREAD, WITH YOU GUESSED IT...BACON, LETTUCE, TOMATO, MAYO ...9.25

TURKEY CLUB

SLICED TURKEY, BACON, LETTUCE, TOMATO, AND MAYO ON CHOICE OF TOAST...9.95

CHICKEN OR ALBACORE TUNA SALAD

CHOICE OF BREAD WITH LETTUCE AND TOMATO...9.25

HALF SANDWICH WITH CUP OF SOUP...9.00

BOWL OF SOUP...ADD 1.00

CHOICE OF BLT, CHICKEN OR TUNA SALAD, AND TURKEY CLUB

BURGERS

TRADITIONAL AMERICAN BURGER

BURGER GRILLED YOUR WAY WITH LETTUCE, TOMATO, ONION, AND PICKLE CHIPS...8.25 ADD CHEESE...1.00

JALAPENO BURGER

BURGER GRILLED YOUR WAY WITH JALAPENO SLICES, MELTED SWISS CHEESE, LETTUCE, AND TOMATO...9.25

MUSHROOM SWISS BURGER

BURGER GRILLED YOUR WAY WITH SAUTEED MUSHROOMS AND MELTED SWISS...9.25



BACON AND BLEU CHEESE BURGER

CAJUN SPICED BURGER GRILLED YOUR WAY WITH MELTED BLEU CHEESE AND BACON...9.25

BLACK BEAN VEGGIE BURGER

VEGETARIAN BURGER MADE WITH BLACK BEANS ANDVEGETABLES...8.75

SOUPS

SOUP OF THE DAY.....4.25/5.50
SOUTHWEST CORN CHOWDER
CLAM CHOWDER
TURKEY CHILI
A GREAT CHILI MADE WITH LOW
FAT TURKEY...4.50/6.50



PANINIS AND WRAPS

MEDITERANEAN PANINI
ITALIAN HAM, HONEY HAM, SPINACH,
TOMATOES, KALAMATA OLIVES,
FETA, VINEGAR AND
EXTRA VIRGIN OLIVE OIL...10.25

TURKEY PANINI
TURKEY, AVOCADO, BACON, TOMATOES,
LETTUCE, SWISS CHEESE, AND
PESTO MAYO...10.25

CHICKEN AND BABY MOZZARELLA PANINI
GRILLED CHICKEN, CARAMELIZED ONIONS, TOMATOES, BABY
MOZZARELLA, AND PESTO AOLI...10.25

CURRY CHICKEN WRAP
CURRY CHICKEN SALAD, SLICED GRAPES, CASHEWS, AND
LETTUCE...10.00

CHICKEN CAESAR WRAP
GRILLED CHICKEN, CAESAR SALAD, AND DICED TOMATOES...10.00



APPETIZERS

JAMAICAN JERK CHICKEN SKEWERS

THREE MARINATED CHICKEN SKEWERS WITH A SCOOP OF HOMEMADE SWEET POTATO MASH AND LEMONGRASS SAUCE ON SIDE...8.95

PORTOBELLA MUSHROOMS

SCOOP OF HOMEMADE MASHED POTATOES WITH A PORTOBELLA MUSHROOM, TOMATOES, BLUE CHEESE, AND ROASTED RED PEPPER...8.25



BABY – BELLA MUSHROOMS

SAUTEED IN BUTTER AND GARLIC SERVED WITH FRESH BABY MOZZARELLA...8.25

SUPREME NACHOS

ONIONS, TOMATOES, BLACK BEANS, JALAPENOS, LETTUCE, AND CHIPS COVERED IN A MELTED QUESO CHEESE...8.95
ADD CHICKEN FOR 2.00

TOSTADOS

TWO FRIED TORTILLAS TOPPED WITH HOMEMADE TURKEY CHILI, LETTUCE, TOMATOES, AND CHEDDAR CHEESE...9.25

TRIO SALAD

EGG SALAD, CHICKEN SALAD, AND TUNA SALAD WITH HOMEMADE FRIED TORTILLAS...9.95

HOMEMADE MANGO SALSA AND CHIPS...6.95

HOMEMADE PICO DE GALLO AND CHIPS...6.95

SMOOTHIES AND BEVERAGES

BANANA, PINEAPPLE, ORANGE JUICE AND YOGURT.....5.50

BLUEBERRIES, BANANA, APPLE JUICE AND PROTEIN POWDER.....5.75

MIXED BERRIES, PINEAPPLE, BANANAS, ORANGE JUICE AND FLAX....5.75

COKE, DIET COKE, SPRITE, LEMONADE AND ICED TEA...2.50

FRESHLY SQUEEZED ORANGE JUICE...3.00

JUICES...APPLE, TOMATO, GRAPEFRUIT AND CRANBERRY...2.50

MILK, WHOLE AND 2%....2.50

HOT CHOCOLATE OR CHOCOLATE MILK....2.95

FRESHLY BREWED COLOMBIAN COFFEE....2.50

CAPPUCCINO...3.95

ESPRESSO...2.95

CHAMPAGNE...6.00

MIMOSA...6.00