

Seven Minutes for the Kingdom: Competing for Christ

What are some of the reasons you wrestle? / Why are you motivated to wrestle?

What are you wrestling for?

1st minute

Do you have pre-game rituals? What are they?

Ephesians 6:10-17

10 Finally, be strong in the Lord and in his mighty power. 11 Put on the full armor of God, so that you can take your stand against the devil's schemes. 12 For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. 13 Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. 14 Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, 15 and with your feet fitted with the readiness that comes from the gospel of peace. 16 In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. 17 Take the helmet of salvation and the sword of the Spirit, which is the word of God.

2nd minute

What are some of the things you fear before/during a match? How about in life?

Isaiah 41:10-So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.

Joshua 1:9-Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the LORD your God will be with you wherever you go."

3rd minute

Who or what do you put your faith in when you are competing?

Psalm 55:22- Cast your cares on the LORD and he will sustain you; he will never let the righteous be shaken.

4th minute

How do you deal with adversity during a match? How about in life?

Philippians 2:14- Do everything without grumbling or arguing

5th minute

When you get tired is it hard to remain discipline? Why?

What are some disciplines you struggle with in life?

Hebrews 12:11-No discipline seems pleasant at the time, but painful. Later on, however, it produces a harvest of righteousness and peace for those who have been trained by it.

6th minute

What are some of your goals for yourself and this team this year?

Philippians 4:13-I can do all this through him who gives me strength.

Mark 9:23 -“If you can’?” said Jesus. “Everything is possible for one who believes.”

7th Minute

How can you compete for Christ this year while you wrestle?

How can you turn the blessings God gave you in order to praise him?

Romans 12:1-2-Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. 2 Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

Psalms 28:7 -The LORD is my strength and my shield; my heart trusts in him, and he helps me. My heart leaps for joy, and with my song I praise him.